

# Weekly Menu: Horndon Spring Summer menu 24 Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>
Quorn Hot Dog	Chicken Meatball in Tomato sauce	Roast chicken	Cheese & Tomato Pizza	Fish Fingers
Potato Cubes	Vegan Meatballs In a tomato Sauce	Quorn Plait	Spanish Omelette	Vegetable Fingers
Potato Gnocchi Pasta in a Tomato & Basil sauces	Spaghetti pasta	Roast Potatoes	Potato Smiles	Chips
Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling	Yorkshire Pudding	Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling
Cheese	Cheese	Gravy	Cheese	Cheese
Tuna Mayo	Tuna Mayo	Jacket Potato with a Choice of Filling	Tuna Mayo	Tuna Mayo
Baked Beans	Baked Beans	Cheese	Baked Beans	Baked Beans
		Tuna Mayo		
		Baked Beans		
<b>Vegetables</b>	<b>Vegetables</b>	<b>Vegetables</b>	<b>Vegetables</b>	<b>Vegetables</b>
Sweetcorn Cobette	Mixed Vegetables	Carrots	Sweetcorn	Peas
Seasonal Salad Bar	Seasonal Salad Bar	Seasonal Salad Bar	Seasonal Salad Bar	Seasonal Salad Bar
<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>
Fruit Smoothie	Banana Sponge	Fruit Jelly	Lemon Drizzle Cake	Ice Cream Roll
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Cream crackers	Cream crackers	Cream crackers	Cream crackers	Cream crackers
Soft Cheese	Soft Cheese	Soft Cheese	Soft Cheese	Soft Cheese
Wholemeal Bread	Wholemeal Bread	Wholemeal Bread	Wholemeal Bread	Wholemeal Bread

**Allergens**

Quorn Hot Dog: **Cereals containing gluten, Eggs, Sesame seeds**; Potato Cubes: **No allergens**; Potato Gnocchi Pasta in a Tomato & Basil sauces: **Celery, Cereals containing gluten, Mustard, Soya**;

Jacket Potato with a Choice of Filling: **No allergens**; Cheese: **Milk**; Tuna Mayo: **Eggs, Fish**; Sweetcorn Cobette: **No allergens**; Seasonal Salad Bar: **No allergens**; Fruit Smoothie: **No allergens**; Fresh Fruit: **No allergens**; Cream crackers: **Cereals containing gluten**; Soft Cheese: **Milk**; Wholemeal Bread: **Cereals containing gluten, Soya**; Chicken Meatball in Tomato sauce: **Celery**; Vegan Meatballs In a tomato Sauce: **Celery**; Spaghetti pasta: **Cereals containing gluten, Mustard, Soya**; Mixed Vegetables: **No allergens**; Banana Sponge: **Cereals containing gluten, Eggs**; Roast chicken: **Celery**; Quorn Plait: **Celery, Cereals containing gluten, Eggs**; Roast Potatoes: **No allergens**; Yorkshire Pudding: **Cereals containing gluten, Eggs, Milk**; Gravy: **No allergens**; Carrots: **No allergens**; Fruit Jelly: **No allergens**; Cheese & Tomato Pizza: **Celery, Cereals containing gluten, Eggs, Milk, Soya**; Spanish Omelette: **Celery, Eggs**; Potato Smiles: **No allergens**; Sweetcorn: **No allergens**; Lemon Drizzle Cake: **Cereals containing gluten, Eggs**; Fish Fingers: **Cereals containing gluten, Fish**; Vegetable Fingers: **Cereals containing gluten**; Chips: **No allergens**; Peas: **No allergens**; Ice Cream Roll: **Cereals containing gluten, Eggs, Milk, Soya**